



County of Santa Clara
Emergency Medical Services System

Training Opportunity

Psychological First Aid

“Helping Others in Times of Stress” Courtesy of Santa Clara County EMS Agency (2 Individual Sessions Offered)

Date: June 10, 2010 OR June 11, 2010
Time: 5:00pm-9:00pm 10:00am-2:00pm

Location: Public Health Department
Conference Room
720 Empey Way, San Jose, CA 95128

Course Description:

The purpose of this course is to prepare workers to provide basic care, comfort and support to people who are experiencing disaster-related stress. Upon completion of this course students will be able to recognize signs of stress in patients, co-workers and themselves. Students will be able to apply psychological first aid principles in providing immediate support to people experiencing stress as well as know how to obtain mental health support for themselves, co-workers, and patients.

This Course is funded through the State Homeland Security Grant Program
There is **NO FEE** for eligible participants. **SEATS ARE LIMITED**

Instructor:
Vicky Powell, LCSW, MPA, Manager
Disaster Mental Health Services
Silicon Valley Chapter American Red Cross

To RSVP contact Inez Valdez:
Email at Inez.Valdez@PHD.sccgov.org or call 408-885-4250

This course has been approved for 4 hours of continuing education by the Santa Clara County Emergency Medical Services Agency, an approved California EMS CE provider 43-0001 and California BRN CE provider # 15149. This course will also be applicable for Emergency Medical Dispatch CE and Emergency Management CE.